Elena Adamou

ΔS ≥ 0

Opening:

Friday 27 November 2026 | 18:30 – 21:30

Exhibition Duration: 27 November 2026 – 9 January 2027

The Edit Gallery 1 Agias Zonis str., 23 Nicolaou Pentadromos Centre, 3026, Limassol, Cyprus

Working Hours: Wednesday – Friday, 15:00 – 19:00 | Saturday, 10:00 – 13:00



Embracency 10264', 2021
hand embroidery, silk, cotton and nylon thread on silk organza, black pen, wire
145 x 210 x 4 cm, ø 27 cm
Courtesy of the artist and The Edit Gallery

The Edit Gallery presents Elena Adamou's solo exhibition, ΔS ≥ 0, opening on Friday, 27 November 2026. Bringing together embroidery and objects, the exhibition looks at what a clock leaves out. Adamou explores how we experience the passage of time through the rhythms of the body, the repetition of everyday gestures and the gradual changes in the things around us.

The title comes from the second law of thermodynamics and points to the direction of familiar changes, such as heat passing from a warmer object to a cooler one. For Adamou, this is a starting point for thinking about how the past remains present in materials. A material can retain traces of what has happened to it even as it continues to change.

In her embroidered *Time-Counters*, Adamou sets her own terms for measuring time. Each stitch marks a gesture. As the stitches accumulate, they record the rhythm of her hand. In repeating a gesture practised by generations of women, Adamou makes that shared history part of the work. What first appears as a pattern can also be read as a record of the time she spent making it.

In *ΔS ≥ 0*, a work can hold both the time of its making and the longer history of the gestures that gave it form.

The exhibition is accompanied by a text by Dr Iris Pissaride.

About Elena Adamou

Elena Adamou (b. 1991, Nicosia) lives and works in Nicosia. She studied painting and completed an MA in Costume Design at the Accademia di Belle Arti di Brera in Milan, where she worked as an artist and performer and as a textile laboratory technician at NABA before returning to Cyprus in 2021. Working across embroidery, installation and video, Adamou explores how the body registers time and how personal objects shape our sense of belonging.

In 2026, Adamou presented her first solo exhibition, *Iconographies; Tiny Resistance, Crevices and Other Creatures*, at primopiano, an independent exhibition space in the province of Pescara, Italy. She has also exhibited in *Fluid Persistence* at NiMAC in Nicosia and in the Cyprus Handicraft Service Pavilion at the Révélations biennial at the Grand Palais in Paris.

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For further press information, please contact:

The Edit Gallery
+357 25 251710
info@theeditgallery.com
i: @the_editgallery
fb: theeditgallery
theeditgallery.com